## **Sample Cooking Instructions**

## **Boston Butts**

- Spray inside of entire unit with Pam or equivalent ( this makes for easy cleanup)
- Fill vinegar pan with half white and half apple cider vinegar
- Salt and pepper both sides of butts
- Season with other seasonings if preferred but we use "JO Seasoning"
- Lay with fat side up
- Allow 30 to 45 minutes for oven and meat temperature to rise and continue to cook at 275 to 300 degrees until done. ( usually 4-7 hours depending on size of butts )

## **Chicken (halves)**

- Spray inside of entire unit with Pam or equivalent (this makes for easy cleanup)
- Fill vinegar pan with half white and half apple cider vinegar
- Salt and pepper both sides of chicken
- Season with other seasonings if preferred but we use "JO Seasoning"
- Lay with skin side up
- Allow 30 to 45 minutes for oven and meat temperature to rise and continue to cook at 275 to 300 degrees until done. (usually I <sup>1</sup>/<sub>2</sub> to 2 hours)

## Ribs

- Spray inside of entire unit with Pam or equivalent (this makes for easy cleanup)
- Fill vinegar pan with half white and half apple cider vinegar
- Salt and pepper both sides of ribs
- Season with other seasonings if preferred but we use "JO Seasoning"
- Allow 30 to 45 minutes for oven and meat temperature to rise and continue to cook at 275 to 300 degrees until done. (usually I <sup>1</sup>/<sub>2</sub> to 2 hours)

**Notes:** 

- 1. Always allow plenty of time for oven to bring temperature up
- 2. Don't overcrowd with meat: it needs room to breathe
- **3.** Clean after each use or at least after two cooking's or if there is a grease buildup
- 4. Place a catch pan under drain opening to catch grease